

NEWS - MCMCF



Volume 18, Issue 5

May 2019

FROM THE ADMINISTRATOR

Welcome to the May newsletter. May is a busy month with National Nursing Home week, Mother's Day, and the Memorial Day Holiday.

We will be having our Grand Opening/Open House celebration May 22nd at 3PM.

Everyone is welcome for snacks and refreshments! We will be giving tours and explaining our services to anyone that is interested.

Our Nurses Stations are done and put back together. This should make us more efficient and modern. Sorry to those who will miss the pink hand rails.

As the temperatures begin to rise and the flowers begin to bloom, we encourage everyone to utilize our outdoor areas. We have a beautiful enclosed courtyard off of the main dining room that may be used along with a concrete patio outside of the Therapy Room. Fenced in areas at the end of the 500 and 600 wings are available as well. We also have our new patio at the end of the 700 wing that connects to the reopened boardwalk. These areas provide a quiet, comfortable area for your enjoyment. If you need assistance at any time, please ask any staff member for help.

Jerry

2019 National Skilled Nursing Care Week: "Live Soulfully"



MCMCF is excited to participate in National Skilled Nursing Care Week (NSNCW), formerly known as National Nursing Home Week, on May 12-18, 2019.

The NSNCW 2019 theme, "Live Soulfully," will celebrate skilled nursing centers, and their residents and staff, by showcasing how they achieve happy minds and healthy souls. Established as an annual, week-long observance by the American Health Care Association (AHCA) in 1967, NSNCW provides an opportunity to recognize the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.

This year, MCMCF has planned the following events:

Sunday, May 12: *Sunshine Day:* Dress in Yellow, Sunshine Tea

Monday, May 13: *Movie Day:* Dress in Movie Items, Movie Trivia

Tuesday, May 14: *Happy Day:* Wear Bright Colors, Smiley Face Cookies and Happy Hour

Wednesday, May 15: *Summer Day:* Wear Summer Clothes, Facility BBQ and Summer Craft

Thursday May 16: *Food Day:* Wear Anything Food, Gourmet Popcorn

Friday, May 17: *Music Day:* Wear Anything Music, Ice Cream Sodas

Saturday, May 18: *Vacation Day:* Wear Vacation Clothes, Italy Armchair Vacation

For more information on the annual observance, please visit ahcancal.org/NSNCW.

Employee Anniversary Dates for April

1 Year

McKenna Lozo
Victoria Schultz
Maddysen Mattias
Anna Haines

11 Years

Miranda Cobb

14 Years

Sherrell Koski
Jaclyn Harvala

2 Years

Erica Josephson
Krisinda Prodell
Gail Parkkonen
Susan Champion
Johathan Baily
Nicole Barlock
Morgan Korpi

16 Years

Brooke Bleckler
Heidi Hastings
Eric Syrjala

18 Years

Jackie Vidlund

3 Years

Sonja Flack
Amber Rautio

20 Years

Linda Kennedy

21 Years

Kristine Niemi
Yvonne Vial

4 Years

Laylah Abbott

6 Years

Brandi Johnson
Jolynn Tuomikoskiu

7 Years

Nichole Briggs
Samantha Vanlinden

9 Years

Elizabeth Waara

10 Years

Lisa Holmgren

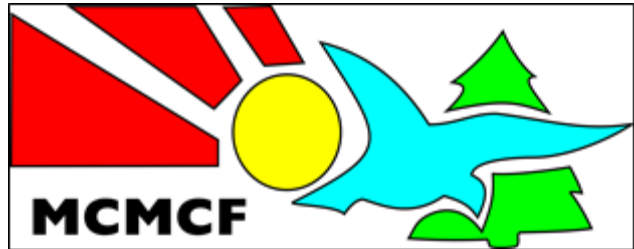


EMPLOYEE OF THE MONTH MAY 2019

Nominated by 5 employees

TERRY HINSTALA

Terry is always willing to take on any project. Even if it requires staying late or coming in early. He is responsive to co-workers requests and addresses the issues quickly. Terry is an asset to the facility and our maintenance Department. He requires little or no supervision and gets the job done.



New Hires for April

Dietary Aides:

Kelsey Kuppin,
Shawn Williams
Parker Brewer

LPN: Nichole Weber

RN: Karl Buettner

Memorial Day

Memorial Day is an American holiday, honoring the men and women who died while serving in the U.S. Military. Memorial Day 2019 occurs on Monday, May 27th. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.



Source: www.history.com

RESIDENT OF THE MONTH

Welcome to our new article suggested by the MCMCF Resident Council. Each month we will feature another resident to honor.

DONNA BAIRD

Donna has called MCMCF her home since May 13, 2002 and has been living with us for 16 years! She was born on May 29th to John and Ingrid Kantola in Marquette. She had 2 brothers (Wesley and Duane) and 3 sisters (Beverly, Debbie and Sharon). She married her husband, George and they had 2 daughters (Robin and Teresa) and 3 sons (Theodore, Michael and David). George is a wonderfully devoted husband who is here almost daily. Donna is a Jehovah's Witness and her religious faith is very important to her. She used to enjoy sewing, knitting, quilt making and still has a love for arts and drafts in general. She is a huge Elvis fan and enjoys watching the Animal Planet and Funniest Home Videos.

Congratulations Donna for being MCMCF's First Resident of the Month!

For Your Information

We are taking part in a grant project, **Michigan Optimizing Medication Use, Maximizing Well-Being**". The use of multiple medications is common among the elderly. Researchers suggest that this has a potential for negative outcomes and is particularly a concern for those elderly who are most frail. We have chosen to start with reducing the use of multiple medications to treat high blood pressure. The goal is to improve the quality of life for our residents. Studies suggest that the discontinuation of prescribed drugs does not necessarily result in declined health status. We look forward to this project that will optimize medication use and maximize the well-being of our residents. Please contact Brooke, Education Coordinator, at Ext. 7139 with any questions. Thank you!

Tina Koski, Activities Coordinator



4 KAREN LEHMANN
8 JEAN BEST
9 MOLLY ANDERSON
9 JANET LAFOND
11 PAUL DEROCHA
12 DAVID LAITALA
15 CLIFFORD MARKS
21 SHIRLEY JUNTILA
21 NESTER NORKOLI
23 ELAINE POIRIER
25 LARRY HOOPER
26 HELEN GRZENIA
29 DONNA BAIRD

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