

Marquette County Medical Care Facility

Volume 21, Issue 9

September 2022

September Employee Of the Month Jessie Goethe

Jessie is an exceptional nurse and has been a great advocate for the residents over the course of the many years that she's worked at MCMCF. She often comes in on her days off to drop things off to residents, brings them McDonalds when she starts her shift and goes out of her way to do special things for them. Jessie has a big heart and her genuine care for the residents is obvious to anyone who has worked with her.



With summer is coming to an end, Influenza season is right around the corner. Consents for the flu vaccination along with information will go out in the September bills. These signed consents need to be returned by October 1, 2022 so we can administer the Influenza vaccine starting in October. Feel free to reach out to me if you have any questions. Thank you, Kirstin Varline RN, BSN, Infection Preventionist
906-204-1074

September Birthdays

Marie S. 2nd
Lillian S. 8th
Elaine R. 9th
Charlene K. 11th
Nancy J. 12th
Marlene E. 14th
Jeannette E. 14th
Richard J. 15th
Janis A. 18th
Virginia H. 22nd
Inez C. 23rd
Helen B. 24th
Dominic G. 26th
Elsie I. 29th



New Hires

Amy Dowdy, RN
Christopher Pabst, Hunter Kellow, Leah Smith - CNA
Cori Morrison. Sarah Connors – CNA Assistant
Jason Losch - Maintenance
Jeremy Gregerson - LPN
Ryan LaFountain – Dining Assistant
Erin Bannon – Dietary Aide

Employee Anniversary Dates for September

1 Year

Ashley St Germain
Kristi Tarkowski
Jessical Vial
Constance Hfuf
Christie Edgren
Christie Larson
Heidy Pelkola

6 Years

Terry Hintsala

7 Years

Jodie Arbelius
Janet Makinen
Nicolette Schultz

8 Years

Alan Reichel

2 Years

Teresa Ward
Heather Holdwick
Akira Wedgworth

22 Years

Jennifer Hanninen

3 Years

Stacey Povey
Philip Cobb

26 Years

Trudy Gustafson

4 Years

Diana Windahl

5 Years

Andrea Starnes



Celebrating September

Labor Day (U.S.)

September 5

Grandparents' Day

September 11

World Alzheimer's Day

September 21

Fall Foliage Week

September 25–October 1

Ancestor Appreciation Day

September 27

Chuck Morgan retired after many years as a caregiver including 11 years of dedication to our residents. Chuck is well-known for his gentle, compassionate demeanor, and always taking extra time with the residents. He was able to make our residents and employees smile with a nickname or a quick joke. He will be forever remembered for his curly locks and ball cap. Continually singing as he walked down the hall, you could hear him before you could see him. Congratulations, Chuck, we hope retirement finds you in good health.

Enjoy!



Welcome to the September Newsletter

As I write this update, it is a cool 57 degrees outside. Fall is in the air and summer will soon be leaving us. It amazes me more each year how the change of the seasons seems to come quicker with every year that passes. I am in the season of life where I am taking on a new job, watching my first child get married, but also thinking about retirement being attainable in the next 10 years. Watching a loved one age, have decline in health or having to consider long term care placement is probably one of the most difficult seasons of life. There are many resources that can help individuals and families going through those difficult times. Michigan 211 is a free service that connects Michigan residents with help and answers about services available to them. You can find more information at www.upcap.org.

For those of you who have already had to place loved ones in long term care or are in a long-term care facility yourselves, this may be one of the biggest adjustments of your lifetimes. What are the resources available to you once you are in this situation? Resident council should be available regularly for you to attend as a resident and voice concerns or express ideas for change. Many facilities have Family Council as well. But what about an immediate need? All staff should be trained in reporting and escalating any concern a resident or family member expresses so that it is handled as timely as possible.

What about here at MCMCF? In addition to the aforementioned methods of communication, our social workers and RN Supervisors are available for questions and for support. They have resources available in and outside of our care setting. We also have a suggestion box near the front entrance. Attending care conference is a good way to make sure care preferences are articulated to all team members.

We understand that nursing home living is likely not everyone's first choice for a home, but we strive to make sure it is the best home it can be. As many of you are aware, we continue to request that visitors wear an N95 mask, screen in before entry and are currently requesting that you wear eye protection as well. If you have had any exposure to COVID recently or are experiencing any illness symptoms, we will likely have to ask you to postpone your visit. Please feel free to reach out to any employee if there are concerns. Our contact information is also listed on the back of the newsletter. Thank you for entrusting us with the your care and the care of some of the most important people in your lives.

Thank you,
Denise Perry RN BSN Administrator



Caroline Bridges
Bradley Cory
Cindy D'Agostino

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Vice Chairperson
Board Member

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