



Marquette County Medical Care Facility

Volume 21, Issue 11

November 2022

November Employee Of the Month

Tara Willig-Aho

Nominated by 3 family members

Tara has been very nurturing and caring for my mother. I have observed how special she treats the residents. In a previous conversation with Tara, I thanked her for the special care of my mother. Her response was that the residents deserve to be treated as if they were her grandma. This is an exceptional attitude that shows in her daily care, she is an asset to this facility and deserves to be recognized.

Employee Anniversary

1 Year

Anna Zavala-Chavez
Roxanne Baron

2 Years

Jolene Foy

3 Years

Tiffany Gravedoni
Jessie Maki

4 Years

Luisa Berg

6 Years

Jacklyn Korpi

7 Years

Jeannie Kaukola
Chastity Lindstrom

8 Years

Jenifer Larson

10 Years

Kendal Aho
Beth Willis
Connie Schultz

12 Years

Dorothy Kilpela

13 Years

Jessie Goethe
Jennifer Seablom

16 Years

Billie Sartorelli
Mary Holms

November Birthdays

Brian E. 5th
Nancy K. 9th
Shelby A. 12th
Charlotte S. 22nd
Sharon M. 25th
Patricia K. 26th
John M. 26th



New Hires

Angel Chille, Isabelle Anguilm – CNA
Kaylee Tourtillott – CNA Assistant
Ashley Kivisto – RN

Celebrating November

Veterans Day (U.S.)

November 11

World Kindness Week

November 13-19

Apple Cider Day

November 18

International Men's Day

November 19

Game & Puzzle Week

November 20-26

Thanksgiving Day

November 24

Giving Tuesday

November 29





Welcome to the November Newsletter

FROM THE ADMINISTRATOR

The sun is shining through my window as I write this, as opposed to the snowflakes of last week. As we all prepare for the snow and Holiday seasons, I want to take a moment to talk about thankfulness. At the risk of sounding cliché, I want to talk about some things we have to be thankful for here at Marquette County Medical Care Facility.

As I have mentioned before, we are truly thankful that we are being trusted with the well-being of the residents here. As one of the hardest choices anyone will likely ever experience, we could not be more grateful that you chose our community of caregivers. Often when the word caregiver is used, nurses, nurse aides and social service workers first come to mind. We would not be able to care for our residents without the support of every member of our team. Food and Nutrition Services, Housekeeping, Laundry, Maintenance, Billing, Clerical Support staff and everyone here have integral roles in providing care and support to the residents. We are truly thankful that they have chosen this as their workplace. It has been inspiring to see how this team rose to the challenges that COVID-19 presented to everyone's health, safety, and security.

We are all thankful for our Social Committee who spends countless hours of their personal time brainstorming ideas and ways to raise funds that are primarily used for events for our employees to show our appreciation. Most recently they participated in the Haunted Hayride. With Jodi Wurth as lead, they orchestrated a spine-chilling scene to entertain the patrons of the event. THANK YOU to all the staff that participated in any way to make this happen. It was such a tremendous experience to see everyone come together with even friends and family to make this happen. Some of these funds will be used to help our resident Pavilion Project.

Our Pavilion Project was put on hold with the Pandemic, and we are hoping to revive this for a late summer project. Our residents have voiced that they would like a barrier free Pavilion that is accessible from the front of the building. Our architects have come out to help us see how this could best be accomplished. For those of you that already contributed, thank you so much. If you would like to consider donating, there will be more information coming soon. We are very thankful for your support in the form of donations as well as those who have continued to support our operating millage.

I would like to close by saying we know that the Holiday Season does not only bring joy, but also can elevate feeling of isolation and depression. If you recognize that a resident is experiencing those feelings, please reach out to our nursing or social work teams. We also have community resources that we can recommend for families in time of need. May this newsletter find you in a place of health, peace, and thankfulness.





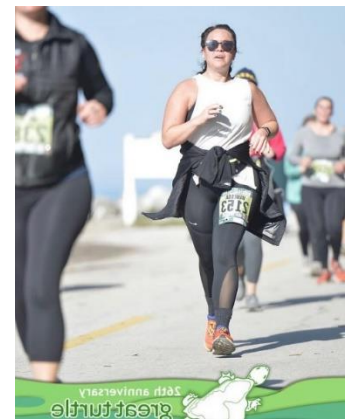
Brenda Host will be retiring after 10 years. Brenda has been a constant on the 600 wing. Her nurturing personality was evident from her first day of nurse aide class. She took the younger students under

her wing and has done the same with her residents. Her work partner Laura commented that Brenda is always comes in with smile on her face and has an art for making the ladies of the 600 wing laugh. Brenda, you will be missed. We hope you enjoy a well deserved retirement and many hours with your family!



Marianne Nordquist will be retiring as a rehab aide after 26 years. Marianne will be retiring in November and is looking forward to her retirement. Thank you for your dedication and years of service!

Vanessa Briones RN Supervisor ran the Great Turtle race on Mackinac Island this past month. Vanessa is not only part of our team, but she is also the JV Girls Basketball Coach for the Gwinn Schools. Congrats Vanessa on your accomplishments and thank you for your time giving back to the students of the community!



Sandy Reynolds joined the MCMCF team on September 16, 1998. She has been a part of the Housekeeping team for the past 24 years.

Sandy will be retiring in November and is looking forward to her retirement. Thank you, Sandy, for all of your years of service!



Shannon Patron married Pat Rushford on October 1st. Shannon is also one of our RN Supervisors. She and Pat celebrated with friend and family in a picturesque setting owned by another member of the MCMCF

team. Congrats Shannon, Pat, and family! May your marriage be blessed with years of health and happiness!

Greetings,

You may have noticed some changes with entering for visitation. With updated guidance, we were able to discontinue the screening of staff and visitors upon entering the facility. We have removed the temperature reading machine, as well as the visitor contracts and replaced this with a sign in log. This log assists in identifying which residents are being visited in the event we need to do contact tracing related to a visitor illness. We also have posted a sign with reasons for postponing in person visitation. Some examples of reasons to postpone visitation would be a fever, cough, shortness of breath, fatigue, sore throat, body aches, congestion/runny nose, diarrhea, nausea/vomiting, feeling ill, or being a close contact to someone with COVID-19 infection. As a medical facility, we need to base our source control and other restrictions on the community transmission rate, as well as policies in place in the facility. The community transmission rate is different than the numbers reported to the community regarding community levels. We do require visitors to wear the same PPE that staff is wearing, and our receptionists and staff are great about ensuring visitors have appropriate PPE. We are grateful to see all the visitors and hope you continue to enjoy your visits with the residents here at MCMCF.

We will be hosting a vaccine clinic for the COVID-19 bivalent booster this month. We will be reaching out to families to obtain consent for those who wish to have their family members receive this vaccine. For questions, you can contact me at (906)204-1074.

Thank you,
Kirstin Varline, RN BSN
Infection Preventionist



What's Cooking in the Kitchen?

Welcome to our new section of the newsletter, where we will give a brief update on what is going on in the Kitchen.

We started our Fall Menu, which can be viewed on our Facebook page weekly, at the end of September and with that we have started switching to the International Dysphagia Diet Standardization Initiative (IDDSI) framework for our residents who need a texture modified diet.

These diets are commonly known as Puree, Ground, Chopped, Thickened Liquid Diets. IDDSI is a globally standardized way of describing foods and drinks that are safest for people with feeding, chewing, or swallowing problems. Our goal with this transition is to provide residents with the safest and most enjoyable dining experience possible.

More information can be found at www.iddsi.org

Rosemary Aho, CDM, CFPP
Food and Nutrition Department Manager

Friendly Reminder for Holiday Decorations

- Doors will not be decorated with any flammable decoration larger than one standard sheet of paper (8 1/2" x 11")
- Nothing will be hung from the ceiling
- No natural items will be used inside the building (i.e., pine wreaths, corn stalks, etc.)
- Bulletin boards may be decorated – all paper must remain within the frame of the bulletin board
- Combustible decorations need to be sprayed with fire retardant solution before used. (See Maintenance Department)
- Items that are fire retardant may be hung on walls and doors no closer than 18" from the ceiling
- Window clings are allowable
- All electronic materials must be UL listed

All Christmas trees will be fire retardant



HELP US DONATE TO THE TV6 CANATHON!

Marquette County Medical Care Facility is a proud participant in the TV6 Canathon!

Any nonperishable food items or donations will be appreciated! Please place nonexpired items in the Canathon Boxes in the Facility starting on Monday, November 7, 2022!



MARQUETTE COUNTY MEDICAL CARE FACILITY

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